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PAUL CAREY NAMED CAPTAIN OF THE PROVIDENCE BRUINS

PROVIDENCE, R.I. – The Providence Bruins announced today that forward **Paul Carey** has been named captain for the 2019-20 season. A fifth-round pick by the Colorado Avalanche in the 2007 NHL Draft, Carey skated in 32 games for Providence last season, recording 22 goals and 11 assists for 33 points.

“Since Paul’s returned, he’s shown an ability to relate to both the young players, as well as his veteran teammates,” said **Jay Leach**, head coach of the Bruins. “He’s got a nice way of bridging the gap. He performs on the ice and has an ability to make plays at crucial times. He’s also able to really relate to younger players, which is what we’re looking for in our captain. Being a leader at this level is a challenge and you have to have players that set a standard. Paul does just that, which made the decision to make him captain a pretty easy one.”

A native of Weymouth, Massachusetts, Carey has played six seasons in the American Hockey League, scoring 106 goals and adding 136 assists for 242 points in 346 career games. Carey also played in 17 games with Providence during the 2014-15 season before being acquired in a trade with the Ottawa Senators last season.

“It’s an honor to be named captain of this team,” said Carey. “There’s a lot of great players that have worn the ‘C’ here before and I’m just hoping to fill out that sweater. A lot of stuff doesn’t change. I just want to lead by example and show up every day in a high quality way and try to lead these young men.”

Carey is the 25th captain in Providence Bruins history. The 31-year-old will don the “C” for the first time when the Bruins take on the Lehigh Valley Phantoms on Saturday at PPL Center. Puck drop is slated for 7:05 p.m. ET and the game can be streamed live on WatchTheAHL.com.

The Providence Bruins are the American Hockey League affiliate of the NHL’s Boston Bruins, playing their home games at the Dunkin’ Donuts Center in Providence, RI. Spanning more than 25 years, the Boston/Providence affiliation is one of the longest and most successful player development partnerships in professional hockey history.

For all the latest Providence Bruins news and updates visit ProvidenceBruins.com or follow the team on Facebook at facebook.com/providencebruins or Twitter at twitter.com/AHLBruins.

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